



**ABU DHABI COUNTRY CLUB PRESENTS ABU DHABI'S
NEWEST SPORTS COMPLEX**



May ,1,2013, Abu Dhabi Country Club is proud to announce the opening of the club's new Sports Complex, introducing more state-of-the-art fitness studios to cater to the rapidly growing demand of members and non-members.

Abu Dhabi Country Club's General Manager and Member of Board of Directors, Mr. Mohsen Mahfouz proudly welcomed all guests to the newly constructed building, (ALGECO, Al Ain General Contracting Co. LLC) to experience all that it offers.

Featuring, Two Squash Courts; Training and Competition, Three New Aerobic Halls (approximately 400 square metres each), accommodating up to 100 persons each, and One Multipurpose Court, offering Five Sporting Disciplines: Football, Basketball, Volleyball, Handball, & Tennis, with spectator seating, these new facilities offer our valued members and guests with far more opportunities and a strong competitive advantage on the market.

Numerous guests came to experience the new facilities from 18h00 – 20h00, taking advantage of the complimentary classes being offered throughout the evening (both Mixed and Ladies Only), from Body Combat, Body Pump, TRX, GRIT, Boot Camp, ViPR, Zumba, Basketball, and Squash.

A small buffet prepared by Abu Dhabi Country Club's chefs featured a delectable spread of canapés; *Pastry Boats of Smooth Salmon Mousse, Coriander Salad, Cream Feta Cheese enhanced by Herbs in Puff Pastries, Stuffed Potato Croquettes*, Crudities, followed by an assortment of *Fresh Fruits, Tartlet with cream fruit and French pastries* to end the evening on a sweet note.



Already holding four fitness studios in the Main Gym, this expansion was crucial with the increasing demand for our classes, thanks both to the wide variety of classes offered by the club, as well as our highly trained and professional instructors.

Each studio is equipped with a state-of-the-art audio system and acoustic panelling on the walls and ceiling, as well as a spacious stage for fitness instructors, mirrored walls, and Canadian maple wood flooring throughout- all prepared to welcome guests to the club's most popular Les Mills classes, including TRX, Body Pump, ViPR, and GRIT.

Further, incorporated in the 2,000 square metres of area on the ground floor, Two Squash Courts are found opposite of the Aerobic Studios. Built with shatter-proof glass, the professional standard size courts cater to both training sessions, as well as competitions, welcoming 45 spectators to the stadium seating.

Unique to Abu Dhabi, upstairs, filling 1,500 square meters of space, the new Multipurpose FIFA Standard Court (25m x 45m) accommodates the needs for Five Sporting Disciplines; Football, Basketball, Volleyball, Handball, & Tennis, fully equipped with electrically operated hoops, LED scoreboards, and stadium seating- most conveniently to welcome guests all year round. Throughout the evening, JSA (Jump Sport Academy) held the practice of basketball students, in celebration of the new opening, followed by an awareness campaign for Autism, which is part of ADCC's Sports Ambassador Programme initiatives that took place on May 3rd, 2013.



About Abu Dhabi Country Club

Abu Dhabi Country Club takes its place as the first and most exclusive recreational club of its kind in the UAE capital. Formerly known as Abu Dhabi Health & Fitness Club, Abu Dhabi Country Club was established in 1999 by the Government of Abu Dhabi.

The first of its kind in the city, Abu Dhabi Country Club enlarged its scope of operations to focus more on family activities, to be sure to accommodate all ages. More than recreation, Abu Dhabi Country Club has integrated itself even more into the social fabric of Abu Dhabi, holding its distinctive trait of customized service and attention, coveted location and luxurious design.

Positioned at the top of the market, the Club offers timeless elegance and peerless service in all respects to provide an experience beyond expectation. Featuring countless recreational facilities (Mixed Gym, Ladies Gym, Sports School) and sporting activities for all ages (Tennis, Basketball, Padel, Squash, Football, Swimming, Space Walk, Bowling, to name a few) Abu Dhabi Country Club, offers several additional facilities. Offering catering services and banquet halls (Gold and Silver Ballrooms), as well as numerous dining experiences from Mediterranean Fine Dining at the luxuriously elegant, Sardinia to contemporary and traditional Italian cuisine at Mondo Pizzeria, as well as freshly baked pastries at the Club's Mondo Moderno cafe.

Plans for Abu Dhabi Country Club continue to expand to further deliver the combining classic sophistication and modern luxury that the Abu Dhabi Country Club brand holds to its commitment to excellence. Further to the expansion, the Club will be inviting the guests' children to experience a newly designed kid's playground, located just next to the Sports Complex, followed by a luxurious Spa, planned to open its doors by end of year.

For more information on Abu Dhabi Country Club, please visit www.adcountryclub.com, or contact us at 7777 657 02.